



Children's guide to fostering and being looked after

This booklet belongs to



achieving
for children

Living at home

Sometimes a child's mummy or daddy cannot look after them. This can be for lots of different reasons. They might not be very well or might need some help. If a mummy and daddy are finding things hard, some other grown-ups will help look after the children and make sure they are safe and healthy. The book will tell you about some of the people who would like to help you and what to do if you are unhappy.

Social workers

A grown up called a social worker will visit you at home. Your social worker's name is:

They will listen to you, your mummy, daddy and anyone else who helps look after you. The social worker will always try to do what is best for you. You might need to go to live somewhere else for a while.

Foster carers

When a child has to live away from their mummy and daddy, they usually go to stay with a foster family. Your foster family will look after you and take good care of you. Your foster carers' names are:

All foster families are different. Some have one grown-up and some have two. Some foster families will have their own children and some may be looking after other children.

Keeping in touch with your family

Social workers know that children want to see their families. The social worker will help arrange for you to meet with your family. You need to tell your social worker about everyone you would like to see. As well as mummy and daddy, this could include grandparents, uncles and aunts, cousins and friends.

People who can help me

There are lots of people who can help if you are unhappy or have any worries.

My social worker is:

I can get in touch with my social worker by calling:

My foster carer is:

Can you think of some other people who can help if you are worried? Write their names here:

Here some other people who can help when you are living away from home.

ChildLine

If you ever want to talk to a grownup about anything that is bothering you, you can call ChildLine on 0800 1111 and they will try to help you.

NSPCC

If you are having a bad time at home, being bullied at school, or if you are worried about something, you can ring the NSPCC free on 0800 800 5000

Ofsted

Ofsted are responsible for making sure we are doing what we should be doing in running fostering services. You can contact them at:

Ofsted, Piccadilly Gate, Store Street, Manchester M1 2WD

Complaints Officer

Windsor and Maidenhead Complaints Officer is on 01628 796721.

Kington Complaints and Information Access Officer is on 020 8547 4716.

Richmond Corporate Complaints and Access to Information Manager is on 020 8891 7937.